

## The Nlp Cookbook 50 Life Enhancing Nlp Techniques For Coaches Thes And Trainers

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The NLP Cookbook - 50 Life Enhancing NLP Techniques for Coaches, Therapists and Trainers is a mouth watering collection of tools, techniques and powerful strategies for all those interested in getting more effective results when working with others.

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This isn't an NLP book per se, but Tony Robbins' training with John Grinder and intensive work with NLP in his early days ensures that all of his work is imbued with NLP material. Tony didn't invent the basic NLP concepts in this book -- Bandler and Grindler did in the late 70s. There are perhaps smarter NLP people than Robbins.

[The 10 Best NLP Books To Learn More About It \(2020 Update\)](#)

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Neuro-linguistic programming (NLP) is a pseudoscientific approach to communication, personal development, and psychotherapy created by Richard Bandler and John Grinder in California, United States, in the 1970s.NLP's creators claim there is a connection between neurological processes (neuro-), language (linguistic) and behavioral patterns learned through experience (programming), and that ...

[Neuro-linguistic programming - Wikipedia](#)

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